

PRANZO RI.TROVI

Piatto unico composto da 1 carboidrato, 1 proteina,
1 vegetale:

CARBOIDRATI

- 1) Riso in insalata^(3,7,9)
- 2) Orzotto con crema di piselli limone e stracciatella ^(1,7,12)
- 3) Fregola sarda ai frutti di mare ^(1,7,12)

PROTEINE

- 1) Pollo saltato con verdure stile orientale ^(1,7)
- 2) Cotoletta di maiale ^(1,3,7)
- 3) Uovo al tegamino con grana e asparagi ^(1,3,7)

VEGETALI

- 1) Melanzane stufate alla menta
- 2) Zucchine alla scapece ⁽¹²⁾
- 3) Verdure alla piastra

€16

coperto, acqua inclusi

LUNCH RI.TROVI

Single dish consisting of 1 carbohydrate, 1 protein, 1 vegetable:

CARBOHYDRATES

- 1) Rice salad (3,7,9)
- 2) Orzotto with lemon pea cream and stracciatella (1,7,12)
- 3) Sardinian fregola with seafood (1,7,12)

PROTEINS

- 1) Oriental-style sautéed chicken with vegetables (1,7)
- 2) Pork cutlet (1,3,7)
- 3) Fried egg with parmesan and asparagus (1,3,7)

VEGETABLES

- 1) Stewed aubergines with mint
- 2) Zucchini alla scapece (12)
- 3) Grilled vegetables

€16

cover charge, water included

PRANZO RI.TROVI

Caesar Salad ^(1,3,4,7,10)

– 14 –

Penne a scelta tra Ragù/Pomodoro/Amatriciana ^(1,9)

– 13 –

Pasta con piovra, pomodorini, capperi e olive taggiasche ^(7,12)

– 15 –

Hamburger Classico ^(1,3,7,10,11)

(hamburger 180 g, pomodoro, lattuga, cipolla stufata, bacon croccante, cheddar) con le sue salse e con patate al forno

– 16 –

Trancio di salmone 150g con verdure di stagione ^(4,9)

– 16 –

coperto, acqua inclusi

1. Glutine / Gluten

2. Crostacei / Crustaceans

3. Uova / Egg

4. Pesce e Derivati / Fish and Derivatives

5. Arachidi e Derivati / Peanuts and Derivatives

6. Soia e Derivati / Soy and Derivatives

7. Latte e Derivati / Milk and Derivatives

8. Frutta Guscio e Derivati / Shell Fruit and Derivatives

9. Sedano e Derivati / Celery and Derivatives

10. Senape e Derivati / Mustard and Derivatives

11. Semi di Sesamo e Derivati / Sesame Seeds and Derivatives

12. Anidride Solforosa e Solfiti / Sulfur Dioxide and Sulfites

13. Lupini e Derivati / Lupins and Derivatives

14. Molluschi e derivati / Molluscs and Derivatives

SI CHIEDE ALLA GENTILE CLIENTELA DI AVVISARE PREVENTIVAMENTE IL PERSONALE IN CASO DI ALLERGIE O INTOLLERANZE ALIMENTARI.

We ask our customers to inform the staff in advance in case of food allergies or intolerances.

LUNCH RI.TROVI

Caesar Salad ^(1,3,4,7,10)

– 14 –

Penne with your choice of Ragù/Tomato/Amatriciana ^(1,9)

– 13 –

Pasta with octopus, cherry tomatoes, capers, and ^(7,12)
Taggiasca olives

– 15 –

Classic Hamburger ^(1,3,7,10,11)

(180g hamburger, tomato, lettuce, stewed onion, crispy bacon,
cheddar) with its sauces and baked potatoes

– 16 –

150g salmon fillet with seasonal vegetables ^(4,9)

– 16 –

cover charge, water included

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1. Gluten
 2. Crustaceans
 3. Eggs / Egg
 4. Fish and Derivatives
 5. Peanuts and Derivatives / Peanuts and Derivatives
 6. Soy and Derivatives
 7. Milk and Derivatives
 8. Shell Fruit and Derivatives

9. Sedano e Derivati / Celery and Derivatives
10. Senape e Derivati / Mustard and Derivatives
11. Sesame Seeds and Derivatives
12. Sulfur Dioxide and Sulfites
13. Lupins and Derivatives
14. Molluscs and Derivatives / Molluscs and Derivatives

CUSTOMERS ARE ASKED TO NOTIFY STAFF IN ADVANCE IN CASE OF ANY FOOD ALLERGIES OR INTOLERANCES.

We ask our customers to inform the staff in advance in case of food allergies or intolerances.